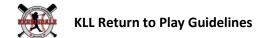
KERRISDALE LITTLE LEAGUE BASEBALL ASSOCIATION



RETURN TO PLAY GUIDELINES AND PROTOCOLS



MESSAGE TO THE KERRISDALE LITTLE LEAGUE BASEBALL COMMUNITY

Since March 2020, British Columbia public health authorities have developed COVID-19 health and safety guidelines and protocols to try to keep the public safe and to reduce the risk of COVID-19 transmission. Certain guidelines have been implemented by the government and sports organizations, including the British Columbia Ministry of Health, viaSport and Baseball BC. Information, recommendations and guidance from these provincial health and sporting authorities continue to change at a rapid pace. As a result, the development of Return to Play ("RTP") Guidelines has been a challenging endeavor. We would like to thank our families for their ongoing patience and support as we try and navigate these challenging times.

On June 6, 2020, Baseball BC, the provincial sports organization ("PSO") for amateur baseball in British Columbia, first adopted RTP Guidelines. This plan was recently updated on May 25, 2021. Baseball BC's RTP Guidelines have been developed for our sport in order to ensure:

- health and safety of all individuals is a priority
- activities are in alignment with provincial health recommendations
- modifications to activities are in place in order to reduce the risks to each sport organization and its participants
- our sport is united and aligned on a plan to reopen throughout the province

In response, Kerrisdale Little League Baseball Association ("KLL") has developed and adopted RTP Guidelines version 8.1. Our Return to Play Guidelines are designed to provide:

- measures to keep people safe to avoid further outbreaks (see Appendix A)
- a first aid plan (see Appendix B)
- a plan if a COVID-19 case or outbreak should occur (see Appendix C)
- processes for opening and operating safely (pages 4-11)

KLL RTP Guidelines and Protocols may be updated at any time; please be sure that you are referring to the most recent version which will be posted on our website <u>https://www.kerrisdalebaseball.com/</u> Again, these protocols are subject to all federal, provincial and municipal laws, regulations, by-laws and orders. If public health authorities and Baseball BC revise their guidelines and requirements, we will re-assess and modify the KLL RTP Guidelines accordingly.

RETURNING TO PLAY WILL BE A COMMUNITY EFFORT AND WILL REQUIRE FULL COMMITMENT AND PARTICIPATION BY EVERYONE

Although we are doing our best to try and minimize the risk of exposure to COVID-19, so long as the virus circulates in our communities it is impossible to completely eliminate the risk. Each participant must make their own decision as to whether it is in their best interest to resume participation at this time. You must take into account your own circumstances and make the decision that is right for you. Should you choose to join us, we require your full cooperation with our guidelines.

KLL has always relied on the efforts and contributions of its community and volunteers to operate and provide programming for our children. However, returning to play at this time has required us to adopt greater restrictions and we will require even more assistance than in the past.

If you choose to participate in KLL league activities during this time, you will be required to follow these rules:

- If you don't feel well or are displaying symptoms of COVID-19, you must stay home.
- If you have traveled outside of Canada, you are not permitted at KLL facilities until you have self isolated for a minimum of 14 days.
- If you are a "close contact" of a person who has COVID-19, if you live in a household with a person that has COVID-19 or you are required by health authorities to self-isolate, you are not permitted at KLL facilities during the period you are required to self-isolate. (See below links to guidelines from the BC Centre for Disease Control.)
- You will abide by, and volunteer to help implement, all KLL COVID-19 related policies and guidelines.
- Each player, coach, volunteer and parent or guardian (for minors) will be required to complete and return a Participation Agreement, a Declaration of Compliance COVID-19, and Informed Consent and Assumption of Risk Assessment.

In preparing these KLL RTP Guidelines, we have consulted with and referred to the recommendations and guidelines of public health, and provincial and local sports and recreation authorities as of the date of these KLL RTP Guidelines were published and released:

Baseball BC Return to Play Guidelines, March 1, 2021: Baseball BC:Return to Play

Order of Provincial Health Officer - Gatherings and Events, May 26, 2021: Order of the PHO - Gatherings and Events

viaSport Return to Play Guidelines for British Columbia, September 2020: viaSport Return to Sport: Guidelines for BC

BC Centre for Disease Control Covid-19 Resources: (COVID-19) – BC Centre for Disease Control

The Kerrisdale Little League Baseball Association Board of Directors.

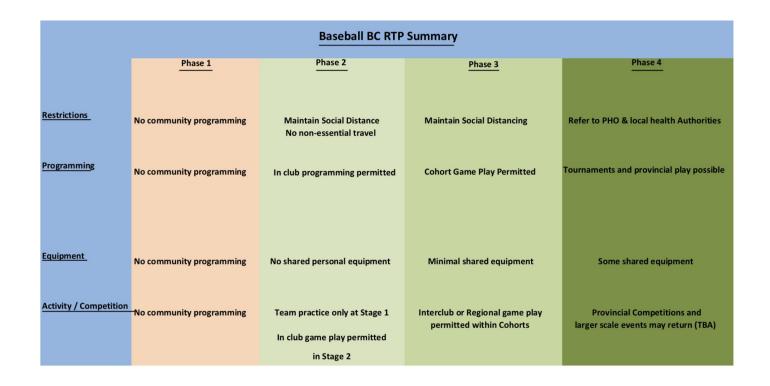
GENERAL PRINCIPLES

ViaSport and the BC government have identified the following five principles for every situation during the COVID-19 outbreak. These five principles have been used to guide the formulation of the protocols and guidelines set out in this document:

Five Principles For Every Situation



Also guiding the development of this document is the phased RTP Guidelines provided by Baseball BC.



As of the date of publication of these KLL RTP Guidelines, British Columbia is in the Phase 2, Stage 2 of Baseball BC's RTP guidelines.



ADMINISTRATIVE REQUIREMENTS

All players, parents/guardians, coaches and other volunteers may access the latest version of KLL's RTP Guidelines on the <u>Kerrisdale Little League website</u>.

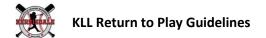
Participants will be required to sign:

- Participant Agreement (Appendix D)
- Declaration of Compliance -COVID-19 (Appendix E)
- Informed Consent and Assumption of Risk Assessment (Appendix F)
- Release of Liability and Waiver of Claims & Indemnity (Appendix G)

prior to participating in any KLL activities this season. Emergency contact and medical information will be uploaded by participants and stored on ePACT (a secure, online emergency network).

PROCESSES FOR OPENING SAFELY

- Registration and payment are completed online.
- Junior Division Levels (Blastball, TBall, & Mini Minor) maximum of 15 players per team. Practices may involve up to three teams per session and will be held at Maple Grove park spread out on two diamonds. The total number of participants at Maple Grove park may not exceed 50 people including players, coaches, and team safety managers.
- Senior Division Levels (Minor B, Minor A, Major B & Major A) limited to 13 players per team. The total number of participants permitted onsite for a team practice, training session or game may not exceed 50 people including players, pro-coaches, coaches, team safety managers and team managers.
- Equipment and other sanitization and safety protocols will be in place and disseminated to coaches, participants and volunteers.
- Offer onsite safety training sessions for Team Safety Managers (TSMs) and designated substitutes.
- Conduct reviews and updates to current KLL waivers and releases and obtain consent from players and their families to disclose their personal information in the event of an outbreak to facilitate contact tracing.
- All the foregoing will be posted on our website homepage, so they are easily accessible.



GRADUATED RE-INTRODUCTION OF PROGRAMMING

As of the date of publication of these KLL RTP Guidelines, British Columbia is in Phase 2 – Stage 2 of Baseball BC's RTP guidelines.

The following activities are currently permitted:

- Team training / development (practice)
- Live batting practice
- Scrimmage and Inter-squad games
- In Club game play

The following activities are not permitted:

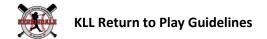
- Travel for competition
- Tournaments
- No spectators are permitted. Note: The Parks Board will be doing random inspections to ensure that this guideline is followed:

Participants in each division should refer to the protocols for the field on which their activities will take place.

PROGRAMMING

KLL shall limit programs as follows:

- Junior Division Levels (Blastball, TBall, & Mini Minor) Maximum 15 players per team. 2-3 Coaches, 2-3 Team Safety Managers (only 1 TSM onsite per practice).
- Senior Division Levels (Minor B, Minor A, Major B & Major A) limited to 13 players per team. Up to 4 Coaches, 2 Team Safety Managers (only 1 TSM onsite per practice), and 1 Team Manager.
- Small group training and development training sessions will be permitted.
- Scheduling to allow time between events for cleaning and disinfecting.
- KLL programming will focus on player development and fun.
- Participants must maintain a physical distance of 3 metres from one another. During games, physical distancing must always still be maintained outside of the regular course of game play (i.e. players sitting in the dugout, batters on deck or playing in the field).
- No team huddles before, during or after for coaching or teaching purposes unless 3 metres physical distancing requirements are adhered to.
- All drills to be created and implemented ensuring 3 metres physical distancing requirements are adhered to.
- No contact-type activity.
- Minimal shared equipment if shared need to be disinfected before, during and after.
- No spectators (Unfortunately, this means parents/guardians will not be able to watch from the sidelines, but from the car is okay). Junior division players should be accompanied by their parent/guardian to their team's check-in area at Maple Grove Park.
- No shared use of personal equipment.
- Baseballs and other balls used during drills will be sanitized prior to every event and every effort given to limit the number of athletes using one ball in a practice environment.



GAMES

As of May 25, 2021, modified and in-game play are now permitted. The guidelines and protocols listed throughout this document are still in effect with the following revisions:

- Refer to PHO or local health authorities for current restrictions.
- Any modified or in club game play permitted in this phase to follow Baseball BC Phase 3 Game Play Guidelines and Recommendations during game play.
- Only game play between teams from the same club within the same cohort* groups are permitted in this phase.
 - *Cohort is a group of participants who primarily interact with each other within the sport environment over an extended period of time.
 - Each cohort can be composed of multiple teams in order to form a mini league. Maximum number athletes allowed to be based on viaSport Guidelines.
 - Cohorts should be made up of individuals/teams of similar age and skill level.
 - Coaches who are counted outside the total cohort number should consider wearing a nonmedical face mask while participating in game play.
 - Athletes are only permitted to participate in one cohort at any one time.
 - Teams are not permitted to interact (practice or play) with teams outside of their designated cohort.
 - Cohorts should remain together for an extended period. If looking to change cohorts, a two-week break, during which teams only practice without contact with other teams, is recommended.
- Under the current protocols and physical distancing requirements, we will not be using the dugouts.
- No call ups.
- Participants do not need to maintain physical distance during brief game related interactions occurring during the normal course of play; however, minimized physical contact is still advised. Intentional physical contact not related to game play, such as high fives, is not permitted. Physical distancing should be maintained between all participants when off the field of play.
- All players sanitize their hands when returning from the field, after each at bat and as required.
- Baseballs need to be new or disinfected every time they are entered into play. Hand sanitizing should take place at the end of every half inning.
- Umpires
 - The BC Baseball Umpires Association (BCBUA) Line Up Exchange Protocols should be utilized if on field pregame home plate meetings are held.
 - Must comply with social distancing requirements and may need to use alternate positioning to comply.
- On field pregame home plate meetings should adhere to physical distancing requirements.
- No mound visits by catcher or coach unless physical distancing requirements are adhered to.
- Players and coaches may not approach any official to discuss or argue any call. They may ask for a count from their appropriate bench or on-field location.
- No post game handshakes.
- All scorekeeping, announcing and scoreboards operation to be performed outside and not in buildings or booths and with social distancing requirements in mind.
- All bleachers and stands should be closed to spectators.

REDUCING RISK OF SPREAD OR OUTBREAK

Player, volunteer and coaching personal hygiene and safety protocols

- Anyone displaying ANY illness symptoms MUST NOT attend.
- Reminder to all participants daily to avoid touching of eyes, nose or mouth.
- No sharing of water bottles.
- Maintain physical distancing with no handshaking, high fives, hugging, etc.
- No sharing of food of any kind.
- No spitting.
- No chewing gum or sunflower seeds.
- No sharing of any personal equipment or items.
- Ride sharing should be discouraged whenever possible.
- All participants shall be encouraged to disinfect their equipment after each event.
- All participants shall be encouraged to wash all clothing and selves after each event.

Sanitization protocols assigned to the TSM, Trained TSM Substitutes, Team Coaches or KLL League Officials

Before:

- Allow 10-15 minutes for pre-practice cleaning protocols. Participants will not be permitted to enter the field until <u>5 minutes</u> before their scheduled session.
- All surface area hot zones previously identified (high touch points) will be cleaned and disinfected prior to each session.
- All shared equipment such as team bats and baseballs will be cleaned and disinfected prior to each session as necessary.
- All field set-up equipment, tools and applicable materials will be cleaned and disinfected prior to each session.
- If required, catchers' equipment and umpires gear will be cleaned and disinfected before each session. This equipment will not be shared one per player (or umpire) per session per day. Some catcher's equipment will be loaned out to interested players (majors divisions for the season and minors on a weekly basis).
- A safety station will be set up conveniently located adjacent to the entry fence. Available at this station will be a KLL safety kit containing masks, disposable gloves, goggles, hand sanitizer, disinfectant aerosol spray, wipes, paper towels, and garbage bags. Paper copies of the KLL COVID-19 Screening Form will be available in the kit.
- All participants will be given gel hand sanitizer upon arrival to disinfect their hands and throughout the practice as necessary.
- Players will be asked to place bags and personal equipment at 3 metres marked intervals outside the fence.
- If applicable, the Team Safety Manager will conduct a KLL COVID-19 symptom screening questionnaire with all participants. For junior divisions, parents will respond to a symptom screening check via ePACT.

During:

- Emphasis on hand sanitization all participants will be reminded to use hand sanitizer at regular intervals (ie., water and bathroom breaks, changes in on-field activities, etc.).
- Baseballs and/or other balls used during drills will be disinfected as necessary.
- Any surface area hot zones may also be disinfected throughout the session as necessary.
- Ask participants to put away items that may elevate risk of transmission, (e. chewing gum, etc.).
- League supplied hand sanitizer will be available at the safety station for sanitizing during practice or game.



After:

- All equipment used during the session (field, league-supplied bats, catchers' gear, etc.) will be cleaned and disinfected. Baseballs and other balls used during drills may also be disinfected at the discretion of the coaches.
- All surface area hot zones (high touch points) will be cleaned and disinfected at the end of each session.
- All participants will be given gel hand sanitizer upon departure.

Equipment and Applicable Sanitization Protocols (Provided by KLL vs Personal equipment)

The following sanitization protocols apply to equipment that is provided by KLL:

- Baseballs including any other type of balls (will be sprayed and sanitized prior to each practice or training session and during games, baseballs need to be new or disinfected every time they are entered into play.).
 KLL Junior division will use coloured buckets for 'used' balls and 'clean' balls and will disinfect balls as necessary.
- Baseball bats (will be sprayed and sanitized prior to and between every use by different athletes).
- Catchers' equipment and Umpire's gear (will only be worn by one participant in a given day) and sanitized prior to each practice, training session or game. Some catcher's equipment will be loaned out to interested players (majors for the season and minors on a weekly basis), arrangements to be made through team manager or team safety manager.

Personal equipment that must be brought to the park by each player:

- Baseball bat (Note: bringing your own bat is strongly encouraged and will not be shared)
- Batting helmets
- Batting gloves
- Fielding glove
- Cleats
- Hats
- Water Bottle
- Make sure to LABEL all personal items clearly

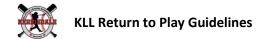
All participants are encouraged to disinfect their personal equipment after each event. All participants are encouraged to wash all clothing and themselves after each event.

Safety Officer, Team Safety Managers (TSMs) & Communication Tools

Kerrisdale Little League has always had a Safety Officer who coordinates the management of safety related issues for the league. This year, they have assisted in the development of KLL's RTP and helped in implementing the protocols and guidelines to keep all participants safe.

Team Safety Manager (TSM)

Each KLL baseball team will be required to have at least one **Team Safety Manager ("TSM")**. The TSM will be responsible for communicating, monitoring and implementing the safety and play guidelines contained in the KLL RTP Guidelines for their team. This will include ensuring that participants complete a COVID-19 Symptom screening check (see Appendix H) prior to every practice or training session. Refer to Appendices I & J for additional TSM information. It is not required that a TSM must complete all safety protocols themself. These duties may be delegated to other team parents after <u>a two week trial period is over</u>. However, the TSM will be responsible for ensuring that these duties are properly carried out and complied with and for communicating with KLL. **Teams that do not have a TSM (or a TSM designate) will not be permitted to hold practices or participate in KLL activities.**



The TSM reports to the KLL Safety Officer who will share any relevant information with the KLL President and KLL Registrar.

NOTE - **The TSM may not be a coach.** This is to both alleviate the administrative burden on coaches, and to ensure there is an independent point of contact on each team for COVID-19 related issues. The team coach may be able to perform some, but never all, of the TSM duties (Appendix J).

Safety Communication Tools:

- KLL uses **SportsEngine**, an online team management tool, to deliver efficient and timely communication to our members. KLL Registrar will be responsible for disseminating appropriate information through SportsEngine.
- **ePACT** is an online emergency network program used for emergency contact information. This year, KLL will use the company's health screening feature. We have uploaded the **KLL COVID-19 Screening Tool** (Appendix H) to our ePACT dashboard. Parents and all of our adult volunteers have the option of submitting responses to the health check prior to every team practice, training session or game. ePACT's contactless check-in feature will assist in attendance tracking as well. Paper copies of our symptom screening tool will be available onsite as a backup option. Team Safety Managers (or a TSM designate) will conduct the survey as needed and have been instructed to take a photo and send it to the KLL Safety officer for record keeping purposes.

Symptom Check and Restrictions on Play

All participants will be required to sign the Declaration of Compliance (Appendix E).

Enhanced preventative measures will be in place this season that reflect the recommendations by the Office of the Provincial Health Officer, viaSport and Baseball BC, and we also ask anyone who is ill with symptoms of COVID-19 to stay home.

When implemented, symptom screening can help to identify people who have symptoms of COVID-19. KLL will follow the recommended health screening guidelines where individuals will be screened on-site by their TSM (or TSM designate) using the KLL COVID-19 Symptom Screening Tool (Appendix H) prior to participating in any KLL activities. The TSM will also follow up with any late arrivals and/or parent volunteers to ensure they submit responses online or sign a paper copy of the COVID-19 symptom screening tool.

The TSM is responsible for ensuring COVID-19 symptom check screening is completed by every participant. As a reminder, participants must advise their Team Safety Manager (or TSM designate) and Coach if they reasonably believe they have been exposed to COVID-19.

If a participant has answered 'yes' to any of the KLL COVID-19 symptom screening questions, has travelled out of the country or come in contact with anyone with symptoms or travelled out of the country, they will be asked to stand by the safety station for further questioning. Parents/guardians may be contacted for additional clarification. In the event the TSM feels dissatisfied with the explanation given or has reason to be concerned about possible COVID exposure, arrangements for the participant to leave the field under the care of a parent or guardian will be made by the TSM.

If a COVID-19 case is confirmed, the Team Member will be removed from the practice/activity/league facility for at least 14 days or as otherwise directed by public health authorities. Team Members who may have come into close contact with the Team Member will also be removed from participating in a KLL activity for at least 14 days. The



activity/league facility area will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

Contact Tracing Information

All players and families will be required to consent to the disclosure to all relevant authorities of their information if there are any cases of COVID-19 including for contact tracing purposes. Participant tracking information will be recorded using ePACT's check-in feature and kept on file to assist with contact tracing in the event of any positive COVID-19 cases within KLL. In accordance with Baseball BC guidelines, these records must be kept for 30 days before being destroyed. The TSM is responsible for securely ensuring this logging and tracking is taking place for every on-field team activity.

Masks

Due to the outdoor nature of the sport we will not require masks. However, any player, coach or parent wishing to play with a mask will be permitted to do so.

In the event of a first aid incident, all parents who are attending to an injury will be required to wear a PPE mask as well as disposable gloves (both items available in the KLL Sanitation Blue Tupperware bins).

Outdoor Play

All games and practices will be held outdoors. Some indoor training will be permitted (such as the KLL Coaches clinic) but will operate in accordance with provincial, regional and municipal COVID-19 regulations.

Limiting Spectators

No spectators permitted. Parents/Guardians should drop off their player and not enter the field. However, our Junior division players may be accompanied by their parent/guardian to their team's check-in area at Maple Grove Park, unfortunately, parents/guardians will not be allowed to stay and watch.

Disinfectant and Sanitizing Products

To combat the spread and transmission of COVID-19, we will only use sanitization and hard surface disinfecting products that are recommended by Health Canada.

Government of Canada COVID-19 Health Services: https://www.canada.ca/en/health-canada/services/drugs-health-products/disinfectants/covid-19.html

KLL will provide hand sanitizer with an alcohol content of 60% or greater.

Other

We do not have plans to conduct temperature checks before practices or training activities as it is limited to one team and will rely on self-reporting and isolation by players and families. However, the TSM (or an appropriate designate) will be required to ensure all players, coaches and volunteers use hand sanitizer prior to, during and after KLL activities. Hand sanitizer will be available at designated stations.

ARRIVAL AND DEPARTURE PLAN

KLL Return to Play Guidelines

To manage the flow of traffic in and out of baseball fields, practice and training times will be modified to ensure the preceding team has vacated the field except for the TSM and other volunteers who may need to sanitize equipment and other hot surface areas. To further illustrate our expectations including entry and exit points, maps of each KLL field will be posted on our <u>website</u>.

Participants may assemble (3 metres apart) in a pre-practice assembly area adjacent to each diamond and will not be permitted to enter the field until <u>5 minutes</u> before their scheduled session. When their TSM is ready, participants will be called to the TSM Safety Station to receive hand sanitizer and hear instructions on where to place their equipment bags. Note: It is expected that our players come dressed to play to avoid the need to use changing rooms or bathrooms.

MODIFICATION TO FACILITIES

Dugouts (All Fields)

In accordance with Baseball BC requirements, dugouts will remain locked and unused.

Scorekeeping Booth, Batting Cage and Washroom

Scorekeeping Booth - Access to the scorekeeping booth will be prohibited, with an exception made for our KLL equipment coordinator.

Batting Cage @ Elm Park – As of May 1, 2021, access to KLL's Majors teams was granted as part of regularly scheduled practice times. Please refer to Appendix K for greater details on the safety protocols in place.

Public Washrooms - Washrooms at Elm Park, Quilchena Park and Maple Grove will be open and physical distancing will be required when using the facilities. These washrooms are maintained and monitored by the Vancouver Parks Board and may be closed at times at their discretion.

Signage

Signage advising and educating on COVID-19 wellness, hygiene and social distancing measures will be in place at every field and facility utilized by KLL.

Field Maintenance

Field Maintenance - KLL Field set-up volunteers will be required to comply with cleaning requirements for all field maintenance equipment at every practice.

Spectator Area

Bleachers and stands will be strictly off-limits to participants and spectators. Parents should drop off their player and not enter the park.



Any confirmed cases of COVID-19 among any coaches, players, volunteers or immediate family members are to be immediately reported to their Team Safety Manager (TSM) who will then notify the KLL Safety Officer, KLL President and KLL Registrar.

Upon receiving notice of any confirmed case of COVID-19 by any coaches, players volunteers or immediate family members of any team, the TSM will consult the KLL Safety Officer and public health authorities to determine whether that team may safely continue with league activities, whether that team must discontinue league activities, and/or whether other actions are necessary or appropriate to ensure the safety and health of participants. See Appendix A Illness Policy.

Unfortunately, if there is an infection or an outbreak as defined in the Outbreak Plan (Appendix C), all play and practices may be suspended until it is safe to resume. KLL will continuously monitor its activities in accordance with our Outbreak Plan (Appendix C) and to monitor compliance with its Illness Policy (Appendix A). Information regarding any infections will be provided to health authorities along with contact information for anyone that may have come in contact with a source of an infection.

COMPLIANCE WITH PROTOCOLS

Whatever measures KLL puts in place to minimise risk of infection and transmission of COVID-19 for players, coaches, volunteers and KLL families, our collective safety and wellbeing is ultimately dependent on everyone's behaviour. We ask for your cooperation in respecting the health and safety of all our members by adhering to the guidelines and protocols set out in this document.

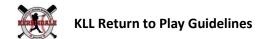
Each KLL participant <u>must</u> comply with the current and any updated version of KLL's Return to Play Guidelines.

The Participation Agreement (Appendix D), Declaration of Compliance - COVID 19 (Appendix E) and Informed Consent and Assumption of Risk Assessment (Appendix F) and Release of Liability Waiver of Claims and Indemnity Agreement (Appendix G) must be completed by each participant (players, managers, team coaches and parent volunteers). These forms will be stored online by KLL.

Any KLL League Official, Team Safety Manager or Team Coach may remove from participating, in a KLL organized activity, at any time and for any reason, if the official or TSM believes that the participant is no longer in compliance with any of the standards described in KLL's Return to Play document.

Complaints of repeated or egregious failures in following guidance – especially those that put the safety of other KLL members at risk – will result in referral to the KLL president and possibly, the police.

KLL wants to assure you that the safety and well-being of our members remains our highest priority. Play safe everyone!



- **Appendix A: Illness Policy**
- Appendix B: First Aid Plan
- Appendix C: Outbreak Plan
- **Appendix D: Participation Agreement**
- Appendix E: Declaration of Compliance COVID-19
- Appendix F: Informed Consent and Assumption of Risk Assessment
- Appendix G: Release of Liability, Waiver of Claims and Indemnity Agreement
- Appendix H: COVID-19 Screening Tool and Attendance Form
- Appendix I: Team Safety Manager (TSM) Senior Divisions Role and Responsibilities
- Appendix J: Team Safety Manager (TSM) Senior Divisions COVID-19 Protocol Checklist
- Appendix K: Batting Cage at Elm Park COVID-19 Safety Protocols

APPENDIX A

ILLNESS POLICY

In this policy, "Team member" includes a player, coach, Team Safety Manager ('TSM'), Kerrisdale Little League ('KLL') volunteer, or parent/guardian who is a participant in the Spring 2021 KLL baseball season.

1. Inform your TSM immediately if, you feel any symptoms of COVID-19 such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue, loss of appetite, nausea or diarrhea.

See BCCDC website for a full list of symptoms: http://www.bccdc.ca/health-info/diseases- conditions/covid-19/about-covid-19/symptoms

2. Assessment

- a. All individuals taking part in a KLL baseball activity must complete a symptom screening test in accordance with current public health guidelines before each session and to attest that they are not feeling any of the COVID-19 symptoms. The TSM will review responses.
- b. Additional health screening will take place on-site prior to the start of a practice, training or development session by the TSM who will ask each participant to attest they are not feeling any of the COVID-19 symptoms.
- c. Team members must review the self-assessment signage located throughout the facility
- d. If Team Members are unsure please have them use the BC COVID-19 self-assessment tool <u>https://bc.thrive.health/covid19/en</u>.
- e. TSM/coaches may visually monitor team members to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the practice/activity.

3. If a Team Member is feeling sick with COVID-19 symptoms

- a. They should remain at home and contact Health Link BC at 8-1-1.
- **b.** If they feel sick and/or are showing symptoms while within the sports environment, they should be sent home immediately and contact 8-1-1 for further guidance.
- c. No Team Member may participate in a practice/activity if they are symptomatic.

4. If a Team Member tests positive for COVID-19

a. Follow the direction of health officials.

5. Quarantine or Self-Isolate if:

- a. You have travelled outside of Canada within the last 14 days.
- **b.** You have come into close contact with someone who has tested positive for COVID-19.
- c. You have been advised to do so by health officials.

APPENDIX B

FIRST AID PLAN

In the event that first aid is required to be administered during an activity, all persons attending to the injured individual must first put on a mask and gloves. Kerrisdale Little League will have the masks and gloves on site, and all coaches will be equipped with them.

The following is are guides for appropriate response:

https://www.worksafebc.com/en/resources/health-safety/information-sheets/ofaa-protocols-covid-19-pandemic?lang=en

https://www.redcross.ca/training-and-certification/first-aid-tips-and-resources/first-aid-tips/first-aid-protocols-and-considerations-for-an-ill-or-injured-person-during-covid-19

APPENDIX C

OUTBREAK PLAN

Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak. An "outbreak" is two or more cases; a "case" is a single case of COVID-19. Note: A single case will be covered by our Illness plan (Appendix A).

Any confirmed cases of COVID-19 among any coaches, players, volunteers or immediate family members are to be immediately reported to their Team Safety Manager who will then notify the KLL Safety Officer, KLL Registrar and KLL President.

Upon receiving notice of any confirmed case of COVID-19 by any coaches, players volunteers or immediate family members of any team, KLL officials (Safety Officer, Registrar and President) will consult with public health authorities to determine whether that team may safely continue with league activities, whether that team must discontinue league activities, and/or whether other actions are necessary or appropriate to ensure the safety and health of participants (see Appendix A: Illness Policy).



APPENDIX D

PARTICIPATION AGREEMENT

This Participation Agreement (this Agreement) is required to be signed and returned to Kerrisdale Little League Baseball Association ("KLL") by all parents and/or guardians (on behalf of players), coaches, members, volunteers, and other participants while in attendance at KLL activities (collectively, "Participants"). Separate Participation Agreements are to be signed by each Participant (e.g. players and coaches or other volunteers must sign separate Participation Agreements, even if members of the same household).

The undersigned named Participant hereby agrees to abide by the following points when entering KLL facilities, KLL-licensed fields or other designated areas, and/or participating in KLL activities under the KLL Return to Play (RTP) Guidelines:

- I agree to stay home if I, or anyone in my household, is feeling sick or experiencing any symptoms of COVID 19.
- I agree to stay home if I, or anyone in my household, has travelled outside of Canada (including the United States) within the last 14 days.
- I agree to stay home if I, or anyone in my household, has received a positive diagnosis of COVID-19 and have not yet been cleared by a medical professional.
- I agree to stay home if I, or anyone in my household, has been in close contact with any person with confirmed COVID-19 within the last 14 days.
- I agree to regular symptom screening checks and will let my team and KLL know if I experience any of the symptoms of COVID-19.
- I agree to abide by all KLL COVID-19 related policies and guidelines.
- I understand that if I do not abide by the KLL COVID-19 policies and guidelines, that I may be asked to leave all KLL activities for up to 14 days to help protect myself and others around me.
- I acknowledge that continued abuse of the policies and guidelines may result in suspension of my KLL membership temporarily.
- I understand and agree that participation in KLL activities while KLL's COVID-19 policies and guidelines are in effect requires the active cooperation, assistance and volunteer efforts of all participants, including myself.
- I acknowledge that there are risks associated with entering KLL facilities and/or participating in KLL activities, and that the measures taken by KLL and its volunteers, including those set out above and under the KLL RTP Guidelines will not entirely eliminate those risks.

The Participant acknowledges and consents to KLL collecting personal information about the Participant. This information includes, but may not be limited to, information provided by the Participant in the KLL Medical Form and the attendance of the Participant at KLL activities. The Participant further authorizes and consents to the use and disclosure by KLL of the Participant's personal information for the purpose of ensuring compliance with KLL's COVID-19 policies and guidelines, and all applicable orders from health authorities, and, if necessary, to provide emergency medical attention and for disclosure to public health authorities for purposes of contact tracing.

Dated:

Name of Participant

APPENDIX E

DECLARATION OF COMPLIANCE – COVID-19 WARNING! ALL INDIVIDUALS ENTERING THE FACILITY MUST COMPLY WITH THIS DECLARATION

The B. C. Amateur Baseball Association o/a Baseball BC and its affiliated member Leagues (including Kerrisdale Little League), Clubs, and Associations (the "Organization") require the disclosure of exposure or illness in order to safeguard the health and safety of all participants and limit the further outbreak of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent.

An individual (or the individual's parent/guardian, if the individual is younger than 19 years old) who is unable to agree to the terms outlined in this document is not permitted to enter the Organization's facilities, designated fields or other areas, or participate in the Organization's activities, programs, or services.

I, being the individual named below, and the individual's parent/guardian (if the individual is younger than 19 years old), (the "Individual") hereby acknowledge and agree to the terms outlined in this document:

1. The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all individuals (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.

2. The Individual has not been diagnosed with COVID-19. OR If the Individual was diagnosed with COVID-19, the Individual was cleared as non contagious by provincial or local public health authorities.

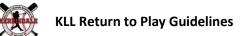
3. The Individual has not been exposed to a person with a confirmed or suspected case of COVID-19. OR If the Individual was exposed to a person with a confirmed or suspected case of COVID-19, the date of exposure was more than 14 days prior to the date this Declaration of Compliance was signed.

4. The Individual is attending or participating voluntarily and understands the risks associated with COVID-19. The Individual (or the Individual's parent/guardian, on behalf of the Individual (when applicable) agrees to assume those risks, including but not limited to exposure and being infected.

5. The Individual has not, nor has anyone in the Individual's household, experienced any signs or symptoms of COVID-19 in the last 14 days (including fever, new or worsening cough, fatigue, chills and body aches, respiratory illness, difficulty breathing, nausea, vomiting or diarrhea, pink eye, or loss of taste or smell).

6. If the Individual experiences, or if anyone in the Individual's household experiences, any signs or symptoms of COVID-19 after submitting this Declaration of Compliance, the Individual will immediately isolate, notify The Organization, and not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.

7. The Individual has not, nor has any member of the Individual's household, travelled to or had a lay-over in any country outside Canada in the past 14 days. If the Individual travels, or if anyone in the Individual's household travels, after submitting this Declaration of Compliance, the Individual will not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since the date of return.



8. The Individual undertakes to ensure compliance with all of the terms in this Declaration on an ongoing basis. If the individual is unable to agree to the terms of this Declaration after signing, the individual will notify the Organization immediately.

9. The Individual is complying with all applicable laws and public health guidance, including but not limited to practicing physical distancing, maintaining separation of six feet from others, adhering to recognized hygiene best practices, and otherwise limiting exposure to COVID-19.

10. The Individual will follow the safety, physical distancing, and hygiene protocols of the Organization.

11. This Declaration of Compliance will remain in effect until the Organization, per the direction of the provincial government and provincial and local public health authorities, determines that the acknowledgements in this Declaration of Compliance are no longer required.

12. The Organization may remove the Individual from the facility, designated fields or areas, or from participation in the activities, programs or services of the Organization at any time and for any reason if the Organization believes, in its sole discretion, that the Individual is no longer in compliance with any of the standards or terms described in this document.

Dated:______.

Name of Participant

Signature



INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT

(To be executed by Participants under the age of majority and signed by a parent or guardian)

WARNING! By signing this document, you will waive certain rights, risks, and responsibilities. Please read carefully.

Participant's Name (Print Clearly): ______

- 1. This is a binding legal agreement. Clarify any questions or concerns before signing. The undersigned are the Participant and Participant's Parent/Guardian (collectively the "Parties") and hereby acknowledge and agree to the following terms outlined in this agreement.
- 2. As a Participant in activities, programs, classes, services provided and events sponsored or organized by The B. C. Amateur Baseball Association o/a Baseball BC and its affiliated member Leagues (including Kerrisdale Little League), Clubs, and Associations (the "Organization") including but not limited to: games, tournaments, practices, training, personal training, instructional sessions or lessons, conditioning programs, dry land training, use of strength training and fitness conditioning equipment, machines and facilities, nutritional and dietary programs, orientational or instructional sessions or lessons, aerobic and anaerobic conditioning programs (collectively the "Activities"), the undersigned acknowledges and agrees to the following terms outlined in this agreement.
- 3. I am the Parent/Guardian of the Participant and have full legal responsibility for the decisions of the Participant.

Disclaimer

4. The Organization, their respective directors, officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, spectators, independent contractors, subcontractors, sponsors, successors and assigns, and representatives are not responsible for any injury, property damage, expense, loss of income, damage or loss of any kind suffered by a Participant during, or as a result of, the Activities, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

Initials:_____ I have read and agree to be bound by paragraphs 1-4.

Description of Risks

5. The Parties understand and acknowledge that:

- The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life;
- The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of the Participant's fitness or abilities, may give incomplete warnings or instructions, may misjudge weather or environmental conditions, and the equipment being used might malfunction; and
- The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, attending the Activities could increase your risk of contracting COVID-19.
- 6. The Participant is participating voluntarily in the Activities. In consideration of that participation, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards and may be exposed

KLL Return to Play Guidelines



to such risks, dangers, and hazards. The risks, dangers and hazards include, but are not limited to: •

- Health: executing strenuous and demanding physical techniques, physical exertion, overexertion, stretching, dehydration, fatigue, cardiovascular workouts, rapid movements and stops, lack of fitness or conditioning, traumatic injury, bacterial infections, rashes, and the transmission of communicable diseases, including viruses of all kinds, COVID-19, bacteria, parasites or other organisms or any mutation thereof.
- Premises: defective, dangerous, or unsafe condition of the facilities; falls; collisions with objects, walls, equipment, or persons; dangerous, unsafe, or irregular conditions on turf/grass or other surfaces, extreme weather conditions; travel to and from premises.
- Use of Equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to use or operate the equipment properly and/or within my own ability.
- Contact: contact with any and all sporting equipment, baseballs, other balls, bats, benches, stands, poles, fences or other persons, whether intentional or unintentional, is a common part of baseball programs, and may lead to serious bodily injury, including but not limited to concussions and/or other brain injury, including but not limited to closed head injury or blunt head trauma or serious spinal injury which may render the participant permanently paralyzed.
- Serious injury to virtually any and / or all bones, joints, ligaments, muscles, tendons, and other aspects of the participants body or to the participants general health and wellbeing.
- Abrasions, sprains, strains, fractures, or dislocations.
- Grass, turf, and other surfaces including bacterial infections and rashes.
- Advice: negligent advice regarding baseball programs.
- Ability: Failing to act safely within my own capability and/or within designated areas.
- Sport: the use of field/turf and its inherent risks.
- Conduct: My conduct and the conduct of other persons including any physical altercation between field participants and/or spectators.
- Travel: Travel to and from the Activities
- Negligence: My negligence and negligence of other persons, including NEGLIGENCE ON the PART OF THE ORGANIZATION, may increase the risk of damage, loss, personal injury, or death. I understand that the Organization may fail to safeguard or protect me from the risks, dangers, and hazards of turf/field programs, some of which are referred to above.

Initials:_____ I have read and agree to be bound by paragraphs 5-6.

Terms

- 7. In consideration of the Organization allowing the Participant to participate in the Activities, the Parties agree:
 - That the Participant's mental and physical condition is appropriate to participate in the Activities;
 That when the Participant practices or trains in his or her own space, the Parties are responsible for the Participant's surroundings and the location and equipment that is selected for the Participant;
 To comply with the rules and regulations for participation in the Activities;
 - To comply with the rules of the facility, field or equipment;
 - To comply at all times with all applicable Government Orders, Statutes, Acts, Regulations and Guidelines, including but not limited to those pertaining to COVID-19;
 - That if the Participant observes an unusual significant hazard or risk, the Participant will remove themselves from participation and bring such to the attention of an Organization representative immediately;
 - The risks associated with the Activities are increased when the Participant is impaired and the Participant agrees not to participate if impaired in any way;



- That it is their sole responsibility to assess whether any Activities are too difficult for the Participant. By the Participant commencing an Activity, they acknowledge and accept the suitability and conditions of the Activity;
- That they are responsible for the choice of the Participant's protective equipment and the secure fitting of the protective equipment;
- That COVID-19 is contagious in nature and the Participant may be exposed to or infected by COVID 19 and such exposure may result in personal injury, illness, permanent disability or death and voluntarily agree to assume all of the foregoing risks.
- In consideration of the Organization allowing the Participant to participate, the Parties agree:

 That the Parties are not relying on any oral or written statements made by the Organization or their agents, whether in brochure or advertisement or in individual conversations, to agree to be involved in the Activities; and
 - That the Organization is not responsible or liable for any damage to the Participant's vehicle, property, or equipment that may occur as a result of the Activities.

Initials:_____ I have read and agree to be bound by paragraphs 7-8.

Release of Liability and Disclaimer

- 9. In consideration of the Organization allowing the Participant to participate in the Activities, use its equipment and facilities, the Parties agree:
 - That the sole responsibility for my safety remains with the Parties;
 - To ASSUME all risks arising out of, associated with or related to my participation; That the parties are not relying on any oral or written statements made by the Organization or its agents, whether in a brochure or advertisement or in individual conversations, to agree to be involved in the Activities;
 - To WAIVE any and all claims that the Parties may have now or in the future against the Organization;
 - To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from the Participant's participation in the activities, events and programs of the Organization;
 - To FOREVER RELEASE AND INDEMNIFY the Organization from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the "Claims") which the Parties have or may have in the future, that might arise out of, result from, or relate to the Participant's participation in the Activities, even though such Claims may have been caused by any manner whatsoever, including but not limited to, the negligence, gross negligence, negligent rescue, omissions, carelessness, breach of warranty, breach of contract and/or breach of any statutory duty of care of the Organization;
 - TO HOLD HARMLESS AND INDEMNIFY the Organization from any and all liability for any damage, loss, expense or injury to any third party resulting from the Participant's participation in the Activities.
 - To FOREVER RELEASE AND INDEMNIFY the Organization relating to becoming exposed to or infected by COVID-19 which may result from the actions, omission or negligence of the Participant and others, including but not limited to the Organization;
 - That the Organization is not responsible or liable for any damage to my vehicle, property, or equipment that may occur as a result of the Activities;
 - That negligence includes failure on the part of the Organization to take reasonable steps to safeguard or protect me from the risks, dangers and hazards associated with the Activities; and This release, waiver and indemnity is intended to be as inclusive as is permitted by law of the Province of British Columbia and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect.

Initials:_____ I have read and agree to be bound by paragraph 9.



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General

10. The Parties agree that notwithstanding the above, in the event that they file a claim against the Organization, they agree to do so solely in the province of British Columbia, Canada and they further agree that the substantive law of British Columbia will apply in the event of conflict of law rules.

11. The Parties expressly agree that this Agreement is intended to be as inclusive as is permitted by law and that if any of its provisions are held to be invalid, the balance shall, notwithstanding, continue in full legal force and effect.

Acknowledgement

12. The Parties acknowledge that they have read this agreement and understand it, that they have executed this agreement voluntarily, and that this Agreement is to be binding upon themselves, their heirs, their spouses, parents, guardians, next of kin, executors, administrators and legal or personal representatives.

Name of Participant (print)	Signature of Participant	Date of Birth
Name of Parent or Guardian (print)	Signature of Parent or Guardian	

APPENDIX G

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT (To be signed by Participants of the <u>age of majority and over</u>)

WARNING! By signing this document, you will waive certain rights, risks, and responsibilities. Please read carefully.

1. This is a binding legal agreement. Clarify any questions or concerns before signing. As a Participant in activities, programs, classes, services provided and events sponsored or organized by The B. C. Amateur Baseball Association o/a Baseball BC and its affiliated member Leagues (including Kerrisdale Little League), Clubs, and Associations (the "Organization"), including but not limited to: games, tournaments, practices, training, personal training, instructional sessions or lessons, conditioning programs, dry land training, use of strength training and fitness conditioning equipment, machines and facilities, nutritional and dietary programs, orientational or instructional sessions or lessons, aerobic and anaerobic conditioning programs (collectively the "Activities"), the undersigned acknowledges and agrees to the following terms outlined in this agreement.

Disclaimer

2. The Organization, their respective directors, officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, spectators, independent contractors, subcontractors, sponsors, successors and assigns, and representatives are not responsible for any injury, property damage, expense, loss of income, damage or loss of any kind suffered by a Participant during, or as a result of, the Activities, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

Initial:_____ I have read and agree to be bound by paragraphs 1-2.

Description of Risks

3. I understand and acknowledge that

- The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life;
- The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of my fitness or abilities, may misjudge weather or environmental conditions, may give incomplete warnings or instructions, and the equipment being used might malfunction; and
- The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, attending the Activities could increase my risk of contracting COVID-19.
- 4. I am participating voluntarily in the Activities. In consideration of my participation, I hereby acknowledge that I am aware of the risks, dangers and hazards associated with or related to the Activities which could result in damage, loss, serious physical injury, or death. The risks, dangers and hazards include, but are not limited to, injuries from:
 - Health: executing strenuous and demanding physical techniques, physical exertion, overexertion, stretching, dehydration, fatigue, cardiovascular workouts, rapid movements and stops, lack of fitness or conditioning, traumatic injury, bacterial infections, rashes, and the transmission of communicable diseases, including viruses of all kinds, COVID-19, bacteria, parasites or other



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organisms or any mutation thereof.

- Premises: defective, dangerous, or unsafe condition of the facilities; falls; collisions with objects, walls, equipment, or persons; dangerous, unsafe, or irregular conditions on turf/grass or other surfaces, extreme weather conditions; travel to and from premises.
- Use of Equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to use or operate the equipment properly and/or within my own ability.
- Contact: contact with any and all sporting equipment, baseballs, other balls, bats, benches, stands, poles, fences or other persons, whether intentional or unintentional, is a common part of baseball programs, and may lead to serious bodily injury, including but not limited to concussions and/or other brain injury, including but not limited to closed head injury or blunt head trauma or serious spinal injury which may render the participant permanently paralyzed.
- Serious injury to virtually any and / or all bones, joints, ligaments, muscles, tendons, and other aspects of the participants body or to the participants general health and wellbeing.
- Abrasions, sprains, strains, fractures, or dislocations.
- Grass, turf, and other surfaces including bacterial infections and rashes
- Advice: negligent advice regarding baseball programs
- Ability: Failing to act safely within my own capability and/or within designated areas
- Sport: the use of field/turf and its inherent risks.
- Conduct: My conduct and the conduct of other persons including any physical altercation between field participants and/or spectators
- Travel: Travel to and from the Activities
- Negligence: My negligence and negligence of other persons, including NEGLIGENCE ON the PART OF THE ORGANIZATION, may increase the risk of damage, loss, personal injury or death. I understand that the Organization may fail to safeguard or protect me from the risks, dangers, and hazards of ice and/or turf/field programs, some of which are referred to above.

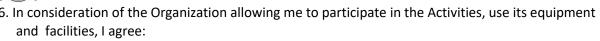
Terms

- 5. In consideration of the Organization allowing me to participate in the Activities, I agree: That my mental and physical condition is appropriate to participate in the Activities and I assume all risks related to my mental or physical condition.
 - That when I play, practice or train I am responsible for my surroundings
 - To comply with the rules and regulations for participation in the Activities.
 - To comply with the rules of the facility, field or equipment.
 - To comply at all times with all applicable Government Orders, Statutes, Acts, Regulations and Guidelines, including but not limited to those pertaining to COVID-19.
 - That if I observe an unusual significant hazard or risk, I will remove myself from participation and bring such to the attention of the Organization representative immediately.
 - The risks associated with the Activities are increased when I am impaired, and I agree not to participate if impaired in any way.
 That it is my sole responsibility to assess whether any Activities are too difficult for me. By commencing an Activity, I acknowledge and accept the suitability and conditions of the Activity.
 - That I am responsible for my choice of protective equipment and the secure fitting of that equipment.
 - That COVID-19 is contagious in nature and I may be exposed to or infected by COVID-19 and such exposure may result in personal injury, illness, permanent disability, or death and voluntarily agree to assume all the foregoing risks.

Initial:_____ I have read and agree to be bound by paragraphs 3-5.

Release of Liability and Disclaimer

KLL Return to Play Guidelines



• That the sole responsibility for my safety remains with me;

• To ASSUME all risks arising out of, associated with or related to my participation; • That I am not relying on any oral or written statements made by the Organization or its agents, whether in a brochure or advertisement or in individual conversations, to agree to be involved in the Activities;

• To WAIVE any and all claims that I may have now or in the future against the Organization; • To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in the activities, events and programs of the Organization;

 To FOREVER RELEASE AND INDEMNIFY the Organization from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the "Claims") which I have or may have in the future, that might arise out of, result from, or relate to my participation in the Activities, even though such Claims may have been caused by any manner whatsoever, including but not limited to, the negligence, gross negligence, negligent rescue, omissions, carelessness, breach of warranty, breach of contract and/or breach of any statutory duty of care of the Organization;

• TO HOLD HARMLESS AND INDEMNIFY the Organization from any and all liability for any damage, loss, expense or injury to any third party resulting from my participation in the Activities. • To FOREVER RELEASE AND INDEMNIFY the Organization relating to becoming exposed to or infected by COVID-19 which may result from the actions, omission or negligence of myself and others, including but not limited to the Organization;

• That the Organization is not responsible or liable for any damage to my vehicle, property, or equipment that may occur as a result of the Activities;

• That negligence includes failure on the part of the Organization to take reasonable steps to safeguard or protect me from the risks, dangers and hazards associated with the Activities; and • This release, waiver and indemnity is intended to be as inclusive as is permitted by law of the Province of British Columbia and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect.

Jurisdiction

7. Notwithstanding the above, I agree that in the event that I file a claim against the Organization, I agree to do so solely in the province of British Columbia, Canada and further agree that the substantive law of British Columbia will apply in the event of conflict of law rules. I further agree that if any portion of this agreement is found to be void or unenforceable, the remaining document shall remain in full force and effect.

Initial:_____ I have read and agree to be bound by paragraphs 6-7.

Acknowledgement

8. I acknowledge that I have read and understand this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, spouse, children, parents, guardians, next of kin, executors, administrators and legal or personal representatives. I further acknowledge by signing this agreement I have waived my right to commence or maintain any action against the Organization on the basis of any claims from which I have released herein.

Signature

APPENDIX H

COVID 19 SCREENING TOOL AND ATTENDANCE FORM

(Copies of this version will be stored in KLL Sanitation Bin).

1. Are you experiencing any of the following symptoms:

- Severe difficulty breathing (e.g. struggling to breathe or speaking in single words)
- Severe chest pain
- Having a very hard time waking up
- Feeling confused
- Losing consciousness
- 2. Are you experiencing any of the following:
 - Mild to moderate shortness of breath
 - Inability to lie down because of difficulty breathing
 - Chronic health conditions that you are having difficulty managing because of difficulty breathing
- 3. Are you experiencing any of the following symptoms right now:
- Fever or chills
- Cough
- Difficulty breathing
- Sore throat
- Loss of sense of smell or taste

- Headache
- Extreme fatigue or tiredness Diarrhea Loss of appetite
- Nausea and vomiting
- Body Aches

If you are experiencing any of the above symptoms, you are directed to complete the <u>BC COVID-19 Self-</u> <u>Assessment Tool</u> and to follow the instructions and recommendations set out therein.

- 4. Have you travelled to any countries outside Canada (including the United States) within the last 14 days?
- 5. Did you provide care or have close contact with a person with confirmed COVID-19 within the last 14 days? A close contact is someone confirmed to have COVID-19 who you live with or otherwise had close face to face contact (within 2 metres) while they had symptoms or in the 48 hours before their symptoms started. Note: This means you would have been contacted by your health authority's public health team.

If a player answers "Yes" to any of the above questions, that player may not participate in the practice / game and is required to leave the facilities immediately. The name of the player is to be reported to the KLL Safety Officer, KLL Registrar & KLL President immediately for additional follow up.

ATTENDANCE FORM:

Division / Team Name: _____

Date of Event (YYYYMMDD) : ______ Time of Event: ______ Administered by: ______

PLAYER / COACH / VOLUNTEER NAME	Survey Administered ()
FOR DEMO PURPOSES ONLY - FULL VERSION OF ATTENDANCE FORM WILL BE AVAILABLE ONSITE	

APPENDIX I

Team Safety Manager ("TSM") -Senior Divisions

Version 2.3 - March 15, 2021

Role of Team Safety Manager:

To combat the spread and transmission of COVID-19, Team Safety Managers (or an appropriate designate) are required to follow KLL's Return to Play guidelines and protocols which have been set by the BC Ministry of Health, viaSport and Baseball BC. The Team Safety Manager (TSM) is responsible for ensuring that the aforementioned guidelines and protocols are adhered to.

Note - a Team Manager ("TM") may be an appropriate substitute for the TSM provided they have received proper training by the TSM or the KLL Safety Officer.

Duties:

The TSM reports to the KLL Safety Officer and undertakes the following duties, but is not limited to:

- Reviews KLL Return to Play (RTP): Guidelines and Protocols document and develops an in-depth understanding of it. (Release date: end of March 2021)
- Attends 2 KLL TSM training sessions: a Zoom meeting (overview of RTP) followed by small group TSM training at the appropriate field (run through TSM checklist).
- Communicates, monitors and implements KLL's COVID safety guidelines and protocols to their team and ensures that all safety expectations are understood and complied with.
- Attends team events to ensure ALL participants complete the KLL COVID-19 Symptom Screening Tool.
 - TSM conducts verbal symptom screening of players, coaches and themselves using google survey form.
 - Late arrivals and field set-up volunteers will also be required to complete an online symptom screening tool. Paper copies can be found in the sanitation kits.
- Completes all required tasks found in the KLL COVID TSM checklist each and every time there is an on-field team activity. Emails copy of the signed and dated checklist to KLL safety officer (safety@kerrisdalebaseball.com) and retains a copy for their own record.
- Maintains a visible presence before, *during** and just after KLL baseball-related activities. (*during** once a mandatory, 2 week trial period is over, the TSM/TM may coordinate with their team coach to take responsibility for the safe conduct of players during the practice, training or development session.).
- Uses a government-approved disinfectant solution (in a pressure sprayer or aerosol form) to disinfect field and team equipment, 'high' touch surfaces, baseballs, other balls, etc. as indicated on the TSM checklist.
- Assists with hand sanitizing of players before, *during** and after activities. (*during* -* once a mandatory, 2 week trial period is over, the TSM/TM may coordinate with their team coach to take responsibility for the safe conduct of players during the practice, training or development session).
- Notifies TM, Team Coaches and KLL safety officer ASAP if unable to attend team activity. In the event a TSM (or an appropriate trained substitute) is not present, the team activity must be cancelled and all participants notified.
- Integrates any updates to safety guidelines and protocols as necessary.
- Ensures that all COVID-related concerns and incidents are reported immediately to: KLL president, president@kerrisdalebaseball.com and KLL safety officer, safety@kerrisdalebaseball.com.

APPENDIX J

KERRISDALE LITTLE LEAGUE (KLL) Team Safety Manager (TSM) Senior Divisions COVID Protocol Checklist - viaSPORT Phase 2 Guidance Version 3 - March 27, 2021 (4 pages in total)

Your Name: Date: Activity: *Please circle one below*

TEAM PRACTICE, TRAINING SESSION, or DEVELOPMENT SESSION.

Team Name:

Each of the following steps must be checked off **<u>every</u>** time there is a team activity organized at a Kerrisdale Little League (KLL) baseball field (or training site).

Please report any COVID-related concerns or incidents to <u>president@kerrisdalebaseball.com</u>, <u>safety@kerrisdalebaseball.com</u> and <u>majors@kerrisdalebaseball.com</u>

AT KLL BASEBALL FIELD A) PRE-PRACTICE, TRAINING or DEVELOPMENT SESSION			
TSM TASKS	COMPLETED		D
	YES 🔽	NO 🗹	N/A 🗹
1. Please arrive 15 min. in advance of the scheduled activity. Ensure the previous group has vacated the field before entering the field.			
2. Apply hand sanitizer (60% or greater alcohol content) and put on your PPE mask, safety goggles and gloves. Please wipe down your phone.			
3. Unlock and open equipment storage boxes (and/or shed). Bring out the collapsible table and set up the safety station.			
4. Please remove the blue Sanitation Tupperware bin (containing: gel hand sanitizer, masks, disposable gloves, disinfectant aerosol, wipes, paper towel, caution tape & garbage bags) and place it on top of the table. Position hand sanitizer for easy participant access.			
5. Ask arriving coaches to sanitize their hands.			
6. Bring out pressure sprayer (refill as necessary) and any required field- prep and team equipment.			
7. Using the pressure sprayer (or disinfectant aerosol spray), clean and disinfect balls, handle of ball pail(s). Agitate balls while spraying. Allow for a 3-5 minute drying time.			
8. Using the pressure sprayer (or disinfectant aerosol spray), clean and disinfect other team equipment (eg. pitching machine) as necessary. Allow for a 3-5 minute drying time.			
9. Using the pressure sprayer (or disinfectant aerosol spray) disinfect locks, gate handles, field equipment and any other hot spots.			



	-	-	
10. If applicable, clean/disinfect catchers' equipment. Increased attention should be paid to detailed cleaning of all equipment directly contacting the head and face. These items must be allowed time to dry.			
11. Call players over to the safety station. Apply gel hand sanitizer to each participant (team coach may assist with this task after a 2 week trial period is over).			
12. Direct participants to place their bags and equipment along the inside of a fence at 3 metre intervals (marked by small KLL signs). Ensure no direct contact between items.			
13. Invite all participants (including coaches) to form a circle (3 metres apart from one another) TSM will stand in the centre of the circle.Conduct KLL's Symptom Screening Check (using google form). Record participants' attendance on the google form, sign off and press 'submit'.			
14. Remind all participants that a failure to comply with KLL COVID-19 safety protocols may result in a warning, removal from activity, or even more stringent measures and this is at the sole discretion of Coach, TSM or KLL League Official.			
15. If applicable, go through KLL's Symptom Screening Check (using google form) with any late arrivals. Record their attendance on the google form, sign off and press 'submit'.			
16. Retrieve KLL bats from the coach bag. Please clean/disinfect them and allow them to dry before lending them out! No player should be sharing their personal bat(s).			
17. Remind participants: to maintain appropriate physical distance (3 metres) between participants; no usage of dugout is permitted and players need to wait by their bag if sitting off.			
18. Return field equipment to shed/storage box. Please clean/disinfect equipment.			
19. Dispose used wipes in appropriate waste receptacles. Extra garbage bags may be found in the blue sanitation bin.			
B) DURING TEAM PRACTICE, TRAINING or DEVELOPMENT SES	SSION		
SAFETY TASKS	COMPLETE		
	YES 🔽	NO 🗹	N/A 🗹
1. Please circle who was responsible: TSM/TM or COACH Monitor all participants to evaluate if they are following COVID safety protocols (refer to KLL Return to Play document).			
2. Please circle who was responsible: TSM/TM or COACH Remind participants to use hand sanitizer at appropriate intervals (ie water breaks, between innings, etc.).			

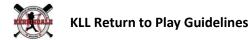


 3. Please circle who was responsible: TSM/TM or COACH Ask participants to put away items that may elevate the risk of transmission, ie chewing gum, etc. 4. Please circle who was responsible: TSM/TM or COACH. Remind coaches to limit one ball for each player's use. When 			
appropriate, or as necessary, disinfect all used balls & the handle of ball pail(s). Agitate balls while spraying. Allow for a 3-5 minute drying time.			
C) POST TEAM PRACTICE, TRAINING or DEVELOPMENT SESSI	C) POST TEAM PRACTICE, TRAINING or DEVELOPMENT SESSION		
TSM TASKS	COMPLETED		D
	YES 🔽	NO 🔽	N/A 🗹
1. Please circle who was responsible: TSM/TM or COACH Ask all participants to sanitise their hands before leaving the field.			
2. Please circle who was responsible: TSM/TM or COACH If preferred by the team coach, please disinfect all used balls & the handle of ball pail(s). Agitate balls while spraying. Allow for a 3-5 minute drying time.			
3. Please circle who was responsible: TSM/TM or COACH Collect any borrowed bats, clean/disinfect them and allow them to dry before being placed in the coach's bag.			
4. Please circle who was responsible: TSM/TM or COACH If applicable, clean/disinfect catchers' gear. Increased attention should be paid to detailed cleaning of all equipment directly contacting the head and face (catcher's mask, helmets). These items must be allowed time to dry.			
5. Please circle who was responsible: TSM/TM or COACH Disinfect field equipment, hot spots and sanitation bin. Return items to the appropriate storage location. Lock items away (if necessary). A final clean/disinfect of the lock and handles on any fence gate or other designated hotspots.			
6. Discourage any on-field unofficial post-practice or training activities.			
7. Final site check.			

THANK YOU for your much-appreciated efforts in keeping our participants healthy and safe!!

PLEASE REPORT VANDALISM and/or LOW SUPPLIES OF DISINFECTANT AND HAND SANITIZER TO: equipment@kerrisdalebaseball.com

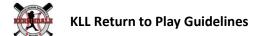
Name:



Date:

Additional Notes:

Once complete, please scan a copy of this checklist and email it to <u>safety@kerrisdalebaseball.com</u>. KLL will keep records until 30 days after the baseball season has ended.



APPENDIX K:



Kerrisdale Little League ('KLL') Batting Cage @ Elm Park COVID-19 Protocols (version 1.3 May 4th)

Access to KLL's Batting Cage @ Elm Park will be granted to KLL Majors Teams starting May 1st, 2021 provided they comply with the following protocols. Guidance regarding these protocols came from the BC Provincial Health Office, viaSport, Baseball BC and KLL's RTP document.

General Protocols:

- Due to COVID-19 restrictions, KLL Majors teams may have use of KLL's Elm Park batting cage during their regularly scheduled team practices or based on the reservation system. KLL will not be permitting personal access to the batting cage outside these times until further notice.
- Signage advising and educating on COVID-19 wellness, hygiene, and social/physical distancing measures will be posted at KLL's Batting Cage @ Elm Park.
- KLL will mount a maximum capacity sign inside the batting cage.
- No spectators will be allowed.
- A buffer zone will be set up outside the batting cage to discourage players from observing their teammates at an unsafe distance.
- Upon arrival at Elm Park, and as part of the usual team practice protocols, a TSM will review symptom prescreening responses with each participant and will record participant attendance using ePACT (or on a paper form if ePACT unavailable).
- Every KLL batting cage participant must honor KLL's safety protocols.

Key Protocols:

- Each team will have **one designated coach** per session in the batting cage.
- Batting cage balls and an extension cord (for the pitching machine) should be brought from the equipment shed and disinfected at the batting cage before team use.
- Batting cage balls, batting cage equipment and previously identified hot spots must be sanitized before use (allocate 10 minutes to complete the sanitization process). A special sanitation bin will be available inside the batting cage. Please do not use the round tray or pressure sprayer normally found at the field or TSM station.
- All players must bring their own bat and helmet (and batting gloves if desired) and these items should not be shared with anyone.
- Players will be instructed to head to the batting cage and depart it at staggered times throughout their team's practice and this will be at the coaches' discretion.
- During the team's scheduled batting cage session, players will be instructed to arrive and depart at specific and staggered times. Team managers or coaches will notify participants.
- If the batting cage is booked through the reservation system, stagger player arrival times to no more than 3-4 players per half hour time slot at the batting cage. Participant arrival will occur from the East side of Elm Park and Exit the area on the West side of the park. (See Figure 1 below)



KLL Return to Play Guidelines

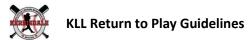
- All participants must sanitize their hands (or batting gloves) before entering the batting cage and at the end of their session.
- A maximum of 2 people allowed inside the batting cage at all times.
- No player shall enter the batting cage unless a team coach is present.
- "Storage Area" is closed to players. Coaches and KLL Equipment Coordinator only.
- At the last scheduled session of the day, the coach should unplug the pitching machine and cover it. Please remove the extension cord and bring both the cord and ball bucket (with balls) to the equipment shed for secure storage.
- Please lock the batting cage after the team session is over to ensure authorized access only.

Masks:

• All players & coaches will be required to have a mask in the batting cage and these should be worn at all other times when physical distancing cannot be assured.

Cleaning and Disinfecting Protocols:

- KLL will provide necessary supplies to keep applicable areas and equipment clean.
- A **Sanitation Bin** will be stored in the batting cage's secured entrance area. It will contain: Microban (disinfectant spray), disinfectant wipes, PowAir (hand sanitizer), garbage bags and extra masks.
- TSMs will ensure that batting cage balls, pitching machine, and previously identified high touch spots will be sanitized prior to use. Any other equipment used outside the batting cage area must be sanitized as well.
- After each batter has completed their turn, they must sanitize their hands (or batting gloves) using PowAir and then pick up balls used during their batting practice.
- For players without a baseball bat, a disinfected bat will be loaned to them by their team coach for the duration of the batting cage session.
- Equipment Considerations INSIDE Batting Cage:
 - BATTING CAGE BALLS Special Care required DO NOT PLACE DIRTY OR WET BALLS IN THE PITCHING MACHINE! These balls must be disinfected with <u>Microban</u> aerosol spray. Place balls in the round tray found in the batting cage, spray balls, agitate them and then spray again. Please allow balls to dry completely for 3-5 minutes. Don't forget to spray the ball bucket handle! Keep batting cage ball tray in the batting cage for batting cage balls only as the pitching machine will not work if balls are dirty from the outside.
 - **Pitching Machine** Please use **DISINFECTANT WIPES (not Microban spray!!)** to carefully sanitize the knobs, high touch points and the extension cord at the beginning of the team's session.
 - **Netting** Use <u>Microban or PowAir</u> to disinfect high touch spots at the beginning and end of the team session. High touch spots will be identified by carabiner with a colourful piece of tape.
 - **Batting Cage Door Handle and lock** Use <u>Micorban</u> to disinfect after unlocking and opening the batting cage.
- Other equipment used OUTSIDE Batting Cage:
 - Tees If required, TSM (or Coach) will need to disinfect them prior to use. Balls used at tee station, should be sanitized before usage with the ball tray from the equipment box (not the batting cage ball tray). After each player is finished, they should sanitize their hands before picking up balls and returning to the bucket and sanitize after before proceeding with the next player.
 - Bownet If required, TSM (or Coach) will need to disinfect it prior to use.
 - Team Balls If required, TSM (or Coach) will need to disinfect them prior to use.
 - All hitting stations should be spaced at least 3m apart.



Monitor Batting Cage Use:

KLL Officials will monitor batting cage use to ensure batting cage protocols are being followed and there is no unauthorized use of the facility. Failure to comply with the above protocols may result in access privileges to the batting cage being revoked.

